

No.	Rev	Title/Process:	Date
COV 19	В	Covid 19 (Corona Virus)	06/08/2020

Who May Be Harmed:					
X Operatives	X Public	X Vulnerable Workers	X Others all site users All Persons		
Site					

Significant Hazards: Transfer of virus to others, Contracting virus.

Possible Harm: Flu like symptoms, Irreversible lung damage, Respiratory distress, Death.

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Controls:		L	s	R
In all cases where it is possible to w	ork from home then you must do so.	1		L
Where the work cannot be carried for	rom home ensure social distancing measures are implemented. This	1	5	L
means that persons who do not live	in the same household MUST maintain a distance of 2.0 metres			
(6, Feet 6 inches) from others arour	nd you.			
During this period of the Covid pane	demic, it is not compulsory but is recommended that canteens are not	2	5	M
used. The advice is that eating lunc	hes and drinking fluids can take place in the vehicle that you used to			
travel to work. Lunches and drinks s	should be brought from home where possible to reduce unnecessary			
travel and reduce impact on local se				
	ne other than someone who lives in the same household it is advisable to	2	5	M
stagger breaks, keep to the same s	eating location as the one you used to travel to work.			
Where it is possible travel to work in		1	5	L
	is not possible try and sit with at least 2.0 meters distance from the	2	5	M
	Where this is not possible reduce the numbers that travel in each vehicle			
	d the person you are travelling with. No persons t to travel in a vehicle			
where there is a likelihood of bodily	contact with fellow workers. The wearing of face coverings is			
	rith someone outside of your own household (Drivers must not wear			
	anyone travelling in the vehicle feels they need to sneeze then where			
	top in a safe location and the person must exit to sneeze. Always use			
	zing and follow government advice of, catch it, kill it, bin it. Please			
	a suitable plastic bin liner. Good personal hygiene is key to stopping the			
virus, ensure no spitting on site.				
	ng this period you must make the site manager aware whilst maintaining	1	5	L
	will sign you in when entering and sign you out when leaving site during			
this period.				_
	er to turn off the engine to discuss the delivery arrangements and	1	5	L
	distancing, as usual vehicle marshallers to direct vehicles to the delivery			
	dockets and do not approach the driver, but please do give your full			
	on their paperwork and allow drivers to use welfare facilities if requierd		_	
	sharing tools. Wash hands before eating, smoking, drinking. If you are in	1	5	L
	anyone who is classed in the at-risk group, you should follow			
	0 social distancing and where possible use a separate vehicle to travel			
	a venerable person feels not secure with the current covid measures			
immediately	from the workplace and report their concerns to their line manager			
Where it is possible other duties aw	ay from the main work will be given to those most at risk. i.e. plant	1	5	M
operations.				
Each customer care job will require	prior planning and a thorough assessment of the risks before work	3	5	Η
commences in addition to this asses	ssment to ensure the safety of the client and the worker alike.			
When unblocking drains ensure RP	E, face shields, disposable suits, fully coated gloves are used and	2	5	M
	pols and equipment used must be disinfected using disinfectant after			
each use. Ensure hand washing tak				
	quipment, before eating, smoking, drinking, touching of the face always	3	5	Н
	20seconds, in water above 25 centigrade, use soap, drying your hand			
	e the paper hand towel to turn off the tap and open the door before			
	nose, eyes and mouth but wash your hand before and after if this cannot			
be avoided.				
	ps a new cough or temperature you need to distance from each other	1	5	L
	ely. If you are in transport on your own you will be requested to leave site			
and self-isolate at home. If you are	travelling with someone we will need to try and contact a close family			

member from the same household to collect you from site. When home follow advice by using a computer,			
tablet or smart phone at https://111.nhs.uk/ or if you do not any of these devices dial 111. Never go straight			
to a hospital, GP or Clinic as you may inadvertently spread the virus.			
Any vehicle/premises that is to be used by anyone who has shown symptoms and is suspected of having	2	5	M
the virus, the vehicle/premises must undergo a professional deep clean before use by others. Tests have			
shown the virus can live for many days in certain circumstances.			
Work activities where social distancing cannot be followed in the first instance must be assessed to see if	1	5	L
there is an alternative way of undertaking the work irrespective of reasonable cost and time but never at			
increased risk. If the work must continue then there must never be any bodily contact take place, full eye			
covering must be worn i.e. Goggles EN166B or face shields, face fitted RPE if clean shaven, or positive			
pressure RPE if facial hair is present or no face fit in place to FFP3 standards, Skin must be covered and			
clothing washed or disposed appropriately on site after task (Do not take possible contamination home).			
Also gloves must be worn and disposed of after task appropriately.			
First Aid must carry on as normal, Mouth to mouth resuscitation should not take place but continue with	2	5	M
chest compressions in the usual way if required. In recent years mouth to mouth has been vastly reduced			
due to this making little difference over just carrying out chest compressions. Where it is practicable wear			
the same PPE as when social distancing is not possible with waterproof disposable gown and gloves. In an			
emergency situation never place yourself at risk if possible exposure through the Eyes, mouth or nose then			
ensure PPE is worn before dealing with the casualty, it this is not likely then First aiders can deal with the			
casualty then dispose of clothing after the casualty has received treatment.		_	
Sites where we have welfare must set up a after each use cleaning rota for those using facilities. Toilets,	2	5	М
canteens, drying rooms must be disinfected daily along with door handles, touchable surfaces and stair rails			
leading to every office/welfare building. Shared electrical equipment should be wiped down before and after			
use with appropriate disposable wipes.			

ditional Controls	
vel of Risk After Additional Controls:	

*NOTE. COVID 19 is a virus that attacks the airway and lungs it is imperative now more than ever that you all look after your lungs by ensuring adequate protection from the risks posed from Respirable Crystalline Silica. Face fitted RPE to clean shaven or Positive Pressure filter systems will keep your lungs healthy and offering a better level of recovery should anyone contract the virus.

Date of Review (Office Based Generic Review)	07/08/2020	Date Checked on site	/ /	
Interval before next review (Site specific Review)	Max 6 Mts	Note* Review intervals will be documented on Doc. –RARR1		
Signature of Review/Author	5 500	Checked by (Position)	Site Manager	
Name of Review/Author	JI	Initial to confirm suitability		